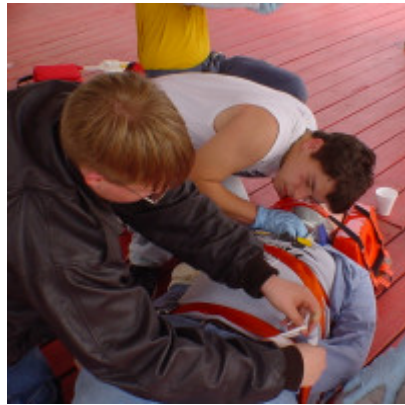


Emergency Response Training...



American Red Cross Emergency Response is a class designed for our older Scouts who want advanced First Responder training. This class includes extensive rescue training, advanced CPR and First Aid skills, spinal injury management, extracting victims from unusual positions, emergency child birth, oxygen administration, blood pressure monitoring and use of the new Automated External Defibrillators. The class now includes ARC/BSA Lifeguard Training. Emergency Response with Lifeguard Training requires over 80 hours of classroom, pool and skills practice. This class is scheduled once each year beginning the first Sunday in January.

The Emergency Response class is open to all registered Scouts and Scouters, 15 years old and older. Preference is given to our youth BAT and CPR-FA instructors. We suggest that all participants have a current Community CPR or a CPR-FPR card. There are strict swimming prerequisites for the Lifeguard Training portion. Scouts must have the recommendation of their Scoutmaster, parents permission and approval from the Course Director to participate. This is not an easy course... but the reward for successful completion is great!

Those who successfully complete the class will receive certificates in Oxygen Administration, Preventing Disease Transmission, Automated External Defibrillation, CPR for the Professional Rescuer, Lifeguarding, BSA Lifeguard, BSA Safe Swim Defense and BSA Safety Afloat. The training looks really good on a teenagers summer job resume! Area pools and the Summer Camp Staff recruiters know the value of this advanced training. What a great way to get started in a medical or EMS career!



Scouts with Emergency Response training will have the opportunity to staff American Red Cross First Aid Stations at area concerts, athletic events and at the annual SHAC Scout Fair. They may also serve as senior waterfront staff for the Deer Lake Canoe Clinic. Girl Scout leaders often offer part-time job opportunities helping with aquatic events at local camps. Emergency Response trained Scouts would be a welcome addition to any high adventure patrol.

The first class meeting is always the first Sunday in January at the ARC/NBO office in Conroe. We meet at 1:00 PM to complete registration and finalize the actual training class meeting times. This class is "College Level" and requires 9 to 10 weeks to complete. Space is very limited in the Emergency Response class and early reservations always are encouraged.

CPR and First Aid Training... for Scouts and Scouters!

The American Red Cross has a new training syllabus for CPR and First Aid classes. We are one of the first to offer this great new program to Scouts. The new class offers a balance of basic level skills training and accident prevention. The new material offers those who have taken the class previously a fresh approach to training that may save your life... or the life of a friend! Scouts working on Merit Badge requirements will also like the new format.

The morning session covers the Responding to Emergencies and Adult CPR components. The CPR skills will be taught following the American Red Cross Community Training outline. The videos show realistic scenarios and the class emphasis is on accident prevention.

Please remember that advance reservations are required. The scheduled classes fill up fast. Check our web site for the current schedule. You can register on-line for our CPR and BAT programs too. Lunch is included in the \$15.00 class fee.

Our Next CPR/FA and BAT class is October 28th, the BSA Camp Strake Conference

The Deer Lake Canoe Clinic!



The Deer Lake Canoe Clinic began offering canoe training to Scouts and Scouters In 1987. Roger Smith started the program as "in-house" training for Troop 777 Venture Scouts offering the American Red Cross Fundamentals of Canoeing class. The program quickly grew into a District training opportunity for all area Troops. Word got out and the program really began to take off.

An Advanced Fundamentals class and an Instructor Class were added in 1994 and the first Fundamentals of Kayaking class was added in 1996 as well as program changes to accommodate our LDS Scouts. American Red Cross Basic Water Rescue and Small Craft Safety Classes were added in 1998 along with the Texas Parks and Wildlife Department Boater Basics program. We now have Troops, Posts and Ships attending from all over our Council and neighboring Councils. The Deer Lake Canoe Clinic is available to all registered Boy Scouts, Venture Scouts, and leaders. Girl Scouts are welcome too. Since 1992, over 2,500 Scouts and Scouters



have attended the Deer Lake Canoe Clinic.

The Deer Lake Canoe Clinic is a fun weekend designed to provide teenage boys and girls with water safety and boat handling skills instruction. The format is like a BSA summer camp program with a large and active youth staff. Our youth staffers are all ARC trained Instructor Aids. Adults will see the "Principles of Scouting" in action all weekend... The students just have fun!

Adults are welcome too. The Deer Lake Canoe Clinic is authorized by the Sam Houston Area Council to conduct the Adult Flat-water Training Course and issue the SHAC "Yellow Card". Adults also receive Safe Swim Defense and Safety Afloat cards. We recommend that adults plan to take the Fundamentals of Canoeing class the year before their Scouts are scheduled to take the class. Leaders can then take the "Review" Class or the Instructor Class while their Scouts complete Fundamentals. Following this plan better prepares Scout leaders to safely conduct flat-water outings and help the Scouts use their newly learned paddling skills.



The Deer Lake Canoe Clinic is held the weekend after the Sam Houston Area Council Scout Fair which is usually last weekend in April or the first weekend in May.... and the last weekend in September at Boy Scout Camp Strake. Registration for our April class begins the second Thursday in February at the George Strake District roundtable. Registration for the September class is the second Thursday in July or at the George Strake District Program Preview meeting. Classes fill up fast

SHAC Adult Flat-Water Canoe Training

Most Scouters agree that adult supervision is the single most important requirement for any BSA aquatic activity... Qualified Adult Supervision is especially important for all afloat activities. The Sam Houston Area Council, in accordance with safety policies established by our National Organization, requires that all aquatic and afloat activities be conducted in strict accordance with the eight points of Safe Swim Defense and the nine points of Safety Afloat. The first point of each is Qualified Adult Supervision.

Adults planning afloat activities in our Council must have completed Safe Swim Defense and Safety Afloat training. The training must be current and all adults participating must "be committed to compliance with the nine points of BSA Safety Afloat and the eight points of Safe Swim Defense". The minimum acceptable level of training for adults leading flat-water canoe activities is the "SHAC Adult Flat Water Training Certificate"... usually called the "Yellow Card". White-water activities require the "Moving Water Endorsement".

The Northern Branch Office Scout Training Team offers American Red Cross "Fundamentals of Canoeing" and American Red Cross "Small Craft Safety". Both classes meet or exceed all requirements for adult flat-water training. The Sam Houston Area Council "Canoe Committee" has approved our weekend program and we are authorized to issue the "Yellow Card" to adults successfully completing all course components.

Our Next Deer Lake Canoe Clinic is September 22,23 & 24, 2006

"BAT" Basic Aid Training...WEBELOS ReadyMan!

Our youth BAT Instructors provided the American Red Cross BAT "Basic Aid Training" program to over 400 area 4th and 5th grade boys and girls last year. We are off to set a new record for this year. BAT is a truly fun class designed especially for our WEBELOS and Junior Girl Scouts. The American Red Cross BAT program teaches accident prevention and beginning first aid skills to fourth and fifth grade boys and girls. Our all day program meets most of the requirements for the WEBELOS Readyman badge and is fun too.



The BAT class is made up of 12 modules each demonstrating a first aid, accident prevention or safety skill. The class begins with First Thing First which explains what to do in an emergency. The class gets acquainted with the American Red Cross child mannequin "Junior" to learn the rescue breathing skill. The All Choked Up module teaches abdominal thrusts, Ouch teaches minor wound and burn care, Famous Fire Facts reinforces basic fire safety, Poison Patrol discusses how to prevent and treat poisoning. Other modules such as Water Whiz cover basic water safety including an introduction to BSA safe swim defense. Safe Wheels is a bicycle

safety module. Just Say No, Cautious Kids and Lost and Found provide the boys and girls with age appropriate information on ways to stay safe and avoid dangerous situations.

The BAT class is a combination of videos, demonstrations, skill practice, hikes, outdoor activities, games and contests. Lunch is always good too! Guest speakers often stop by. The BAT program is definitely not a boring lecture class! The American Red Cross certified teenage instructors keep it interesting and keep the class moving.

The cost for the BAT class taught at Camp Strake is \$15.00 per person which includes a BAT workbook, a special embroidered patch and completion certificate plus a great lunch in the Camp Strake Conference Center Dining Hall. Check-in for our BAT class begins at 8:00 AM and the class starts promptly at 8:30 AM. We coordinate our class completion time to coincide with our adult CPR/FA class which is usually around 4:00 PM. The Conference Center is located at Boy Scout Camp Strake which is just south of Conroe, Texas.

We gladly provide one "complimentary" meal per patrol for your required adult chaperone. Please read our adult supervision policy. Our staff will do every thing we can to assist you with this requirement. Remember, advance reservations are required and most of our class dates fill up fast. Please email us if you need to add to your reservation. We will try very hard to accommodate you and your WEBELOS. We can usually work it out. The reservation deadline is 9:00 PM Monday evening the week of the scheduled class.



You can register your Scouts on-line. Registration forms are usually available at the George Strake District Roundtable and can also be downloaded from our "Resources" page. Please email us if you are having difficulty registering. Remember, your reservation is not complete until your payment is received. Please make checks payable to "NBO Scout Training Team" and mail them, along with a copy of your reservation form to The NBO Scout Training Team, PO Box 1048, Conroe, TX 77305. Reservations are usually acknowledged by email by Tuesday before the scheduled class date.

BAT classes are held in conjunction with our adult CPR and First Aid training. Cub leaders and parents can take advantage of the adult training while the WEBELOS participate in the BAT class. Our Boy Scout and Girl Scout instructors actually run the BAT class. Star, Life and Eagle Scouts and our Girl Scout staffers are great role models for our younger Scouts. Our BAT class is a fun experience. Questions?... just email us! BAT_training@scoutcpr.org

Our Next BAT class is Saturday, October 28th, at the BSA Camp Strake Conference



**The Woodlands
Conroe, TEXAS**



*Together, we can
save a life*



**American
Red Cross**

Training Programs for Scouts

The Northern Branch Office Scout Training Team

George Strake DistrictSeptember Round TableSeptember 14, 2006

Wilderness First Aid Training... for Scouts and Scouters!



The new American Red Cross Wilderness First Aid Basics program is an outdoor oriented first aid training program expanding on the skills presented in the "First Aid Basics" class. It includes all of the material from "When Help is delayed" along with additional skills from the Emergency Response program.

This is a 16-hour first aid course for backcountry situations when EMS is not readily available. The course meets the current requirements for American Camping Association, Part C "First Aider".

The "Wilderness First Aid Basics" program is designed especially for Venturing Crews, Venture Patrols and our older Scouts as well as Scouters supporting an advanced outdoor "high adventure" program. The recommended minimum age is fourteen, with the permission of the Unit leader. Current CPR and First Aid training is highly recommended. Camp staffers should also take this class as well as those planning to take the Emergency Response/Lifeguarding program.

The class includes videos, classroom presentations and skills practice as well as outdoor activities including realistic scenarios and other problem solving opportunities. Our Emergency Response trained youth instructors help present the outdoor portion of this program. The class has no skill prerequisites however; current American Red Cross First Aid and Adult CPR skills will be helpful.

We presently offer this class as an "overnighter" at BSA Camp Strake. The course fees are \$85.00/person which includes books, course materials plus all meals and accommodations Saturday night at the Camp Strake Conference Center. The class may be offered at other locations and special classes can be arranged for groups of twenty or more. Fees, course components and other services will vary for these classes. Check the web site for current schedule information or email us! Those who successfully complete this class at Camp Strake will receive the new "Wilderness First Aid Basics" card.

Attendance at our class is generally limited to Venture age Scouts fourteen and older. All youth participants must have Scoutmaster or Unit Leader's recommendation. Girl Scouts, Venturers, Royal Rangers and other approved youth groups and leaders are very welcome too. This class requires a mature attitude and is physically challenging... and a lot of fun!

**Our next Wilderness First Aid Basics program...
November 18-19 at BSA Camp Strake.**

**Our Next CPR/FA & WEBELOS Readyman "BAT" class is
Saturday, October 28th, BSA Camp Strake Conference Center**

**Our next Deer Lake Canoe Clinic is
September 22,23 & 24 at BSA Camp Strake**

**ER/Lifeguarding Class of 2007
First class meeting, Sunday January 7, ARC Office in Conroe**